

This Week in Sunday School - Abraham and Sarah

Happy Sunday, Friends,

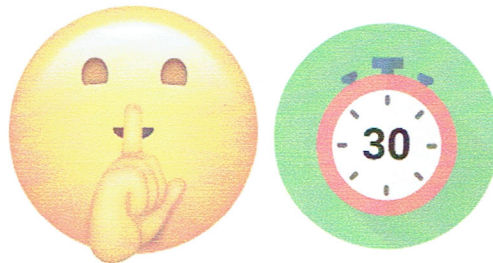
The sun came back this week Friends and I am here for it! Later snow! I hope you've been able to get outside and enjoy the warmer, brighter weather.

We're meeting another Old Testament Power Couple this week - Abraham and Sarah. God makes some promises to Abraham and Sarah, but believing in those promises requires a lot of faith. First God promised Abraham a new home, but he would have to leave everything behind and trust in God. Then God promised Abraham and Sarah a huge family - but they had no children and they were really old! It all seemed very unbelievable, but Abraham still had faith and followed God's plan.

Attached is a coloring page for you. Also below is a link for directions to make your own starry night sensory bags. Enjoy!

<https://www.pinterest.com/pin/212021094937079224/>

This week for Lent we are going to practice The Sound of Silence. We are surrounded by so much noise these days and it can be hard to be in the right mindset for prayer. This week we are going to prepare ourselves for prayer by practicing being silent for 30 seconds per day, more if you want to challenge yourself. Last week we focused on who or what to pray for, this week we are going to work on being fully present for those prayers.



Finally Friends, at the end of your lesson this week there are some stories celebrating all different types of families. I hope you'll read them, and think about all the different families out there - the ones we're born into, our friend families, and community families to name a few. There are so many ways to make a family, as long as the main ingredient is love. Please know your church family loves you all very much.

I hope you know how much you are loved and missed! We can't wait to be back at church together soon.

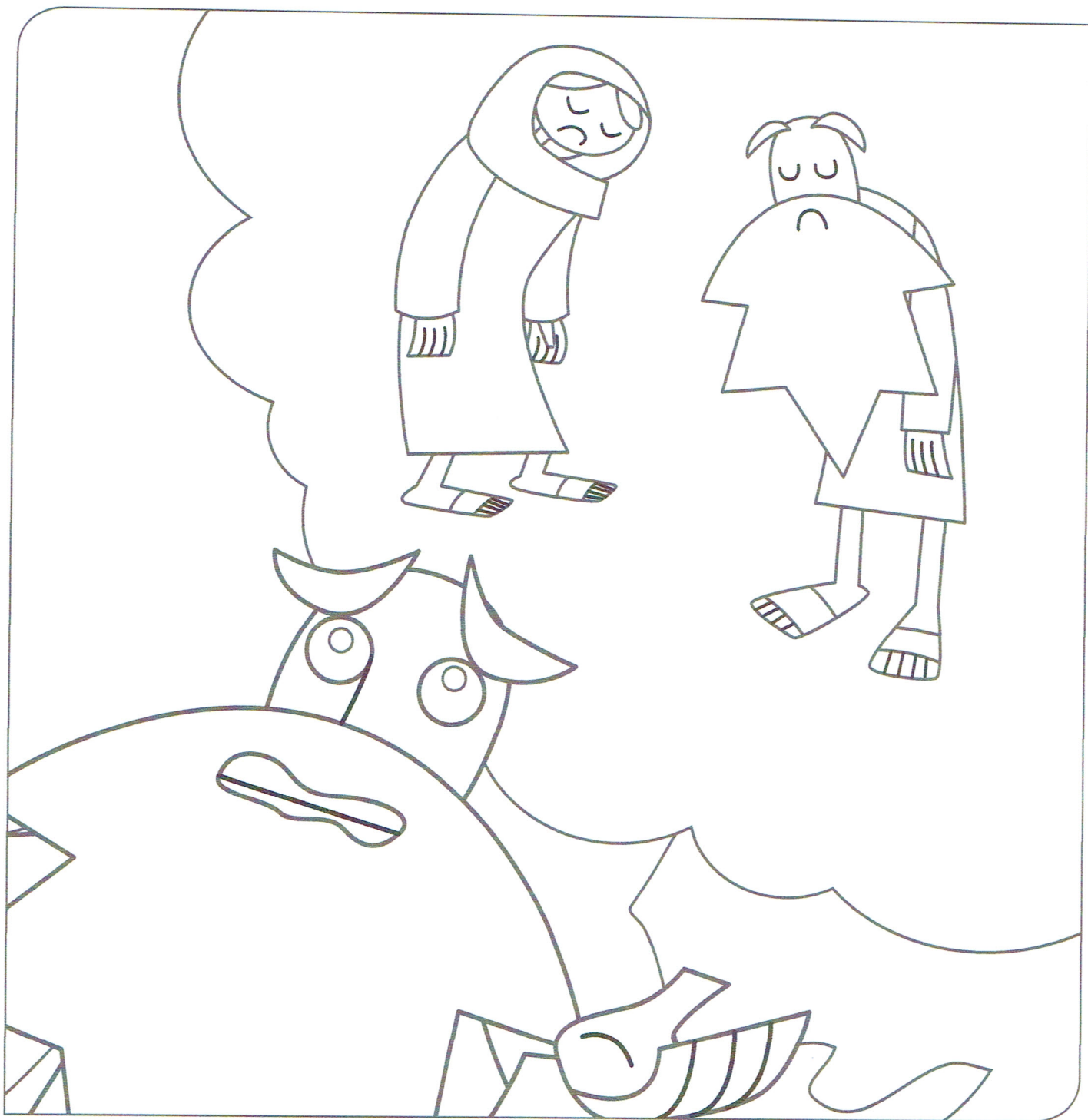
Take Care,

Gabrielle Heimerling

Director, Youth and Family Services

FPC Haddonfield

Abraham and Sarah



Abraham and Sarah worried they would never have a baby but God promised them they would. What was the last promise you made?